

NEWS RELEASE

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FOR IMMEDIATE RELEASE

“Full House” Star Jodie Sweetin to Share Her Powerful Recovery Story At The Council on Recovery’s Spring Luncheon

HOUSTON, Texas (Mar. 21, 2023) – The Council on Recovery is excited to announce that Jodie Sweetin, star of the hugely popular 90’s sitcom “Full House,” will be the keynote speaker at its 38th Annual Spring Luncheon on April 21, 2023, at the Hilton Americas – Houston Hotel. Proceeds from the luncheon will fund The Council’s programs that help individuals and families affected by substance use and co-occurring mental health disorders.



Actress, producer, host, author and activist Jodie Sweetin garnered the love of millions in her role as Stephanie Tanner on ABC’s long-running, hugely popular sitcom “Full House,” and the widely popular Netflix spinoff “Fuller House.” She is a published author of her memoir *UnSweetined*, in which she chronicles her struggle with substance use disorder from her youth until finding recovery more than a decade ago. She is now a champion for substance abuse prevention among youth and young adults and speaks at schools across the country about the dangers of experimenting with alcohol and drugs.

Her message is especially relevant as substance use disorders and co-occurring mental health conditions like anxiety and depression have increased among teens across the country at alarming rates. “Jodie’s story highlights the importance of prevention in breaking the cycle of addiction,” says The Council’s President and CEO, Mary Beck, LMSW, CAI, “and reminds us that when we invest in future generations, we are making an incalculable impact.”

This event is part of The Council’s long-running Speaker Series, which features notable actors, authors, athletes and more discussing their experiences with addiction and recovery. The Council is now accepting corporate and organizational sponsorships and donations for the Spring Luncheon, as well as sales of individual tables at the event. For more information or to purchase a table, contact us at specialevents@councilonrecovery.org or call 281.200.9336.

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The Council on Recovery is Houston's oldest and largest non-profit organization providing the full spectrum of prevention, education, treatment, and recovery services for individuals and families affected by addiction and co-occurring mental health disorders. Our mission is to lead the community in creating a path to freedom from substance abuse and related issues. We strive to provide the highest quality of care at affordable rates, directly serving tens of thousands of individuals each year. Affiliated with the United Way of Greater Houston, The Council receives funding from private contributions and grants, special events, and program fees. For more information, visit www.councilonrecovery.org.