

# The Cradles Project



The Cradles Project is a free and confidential service dedicated to helping new and expecting parents in the Greater Houston area who meet risk factors such as current or past use of drugs and/or alcohol, a current or past case with child protective services, serious financial distress, or current or past trauma. Participating parents can have children up to 6 years of age.



## Program Goals Include:

- Healthier parental and family lifestyles
- Improved infant and maternal healthcare
- Better birth outcomes and parental/child bonding
- Fewer out of home placements or reduced length of out of home placements

## Services Include:

- Screening, assessment, & individualized service planning
- Intensive case management offering connection to essential needs & resources
- Educational classes on parenting, substance use, trauma and emotion regulation skills development
- Fun and healthy bonding activities

**All services are currently virtual. For more information about Cradles or to get started, please contact [cradles@councilonrecovery.org](mailto:cradles@councilonrecovery.org) or 281.200.9108 today.**

**You know someone** who needs us. 

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