

2018 Annual Report



THE COUNCIL
ON RECOVERY

You know someone who needs us. ✨

CEO MESSAGE



As I reflect on the past year, I am overwhelmed with gratitude and awe. Our fiscal year began just one week after Hurricane Harvey made landfall, yet in spite of the difficulty our

city endured, The Council on Recovery was fortunate to thrive and grow.

Indeed, last fiscal year was one of breakthrough opportunities for The Council. The landscape of healthcare is changing radically, allowing us to build new community partnerships that ensure our services are available in hospitals, community clinics, schools, jails, and social service organizations – truly, wherever people need us most. Through these efforts, The Council has not only expanded our life-saving care, we are helping to transform the way our community thinks about addiction.

With your support, we have positioned The Council to be a force for change in the delivery of substance abuse prevention and treatment. And as we look ahead, we know there is more work to be done. It is with that in mind that The Council forges ahead, with gratitude in our hearts for your unwavering support and with clarity of purpose for the road ahead.

"I will be forever grateful for your facility, its counselors, and your generous financial assistance. I am not only alive today because of your team, but feel more grounded and capable of facing life than I have ever felt."

A handwritten signature in black ink, reading "Mel Taylor". The signature is stylized and fluid.

William M. "Mel" Taylor, MSW
President & Chief Executive Officer

DID YOU KNOW?

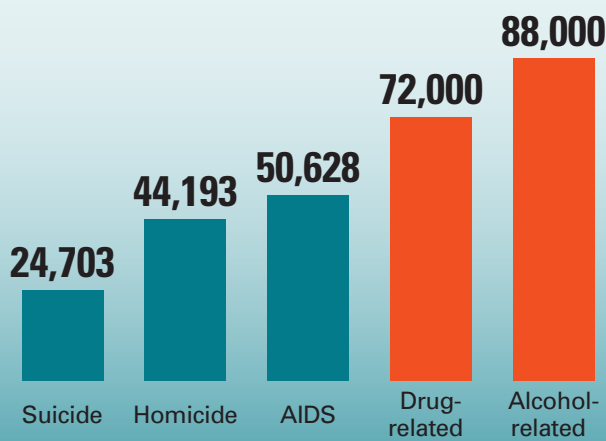


1 in 7 over the age of 12 struggle with addiction

Substance abuse costs our country \$740 billion annually in crime, lost productivity and health care



1 in 3 families are affected by addiction



Addiction kills more people annually than other well recognized public health crises at their peak

More than 90% of people with a substance abuse problem began smoking, drinking or using other drugs before age 18



Children in substance exposed homes are 4 times more likely to develop an addiction themselves

Only 10% of individuals with a substance use disorder receive the care they need

HOW WE HELP



EDUCATION

Non-Use/Prevention

Experimental Use



ASSESSMENT

Occasional Use

Harmful Use

ADDICTION

Illness and death



RECOVERY SUPPORT

Recovery



TREATMENT

YOUR DONATIONS AT WORK

Every day at The Council on Recovery, individuals and families at all stages of experimentation, use, abuse, and addiction receive education, treatment, and recovery support. In any given year, The Council serves more than 60,000 individuals from all walks of life from across our community.

The Council provides compassionate, objective support when families don't know where to turn for the help they need, and walks alongside families as they journey to recovery. And thanks to your generous support, The Council does what many traditional rehab centers cannot – **we turn no one away.**

HIGHLIGHTS

Received a \$450,000 multi-year award to expand community partnerships with primary care providers and further integrate our operations with medical providers

Expanded our ***Choices*** program to 17 schools

Achieved a 74% completion rate in our intensive and supportive outpatient program – more than twice the national average

Convened leaders from across the community for a **first-of-its kind Opioid Summit**

Served more than 1,000 individuals affected by Hurricane Harvey through a special gift from the ***Hurricane Harvey Relief Fund***

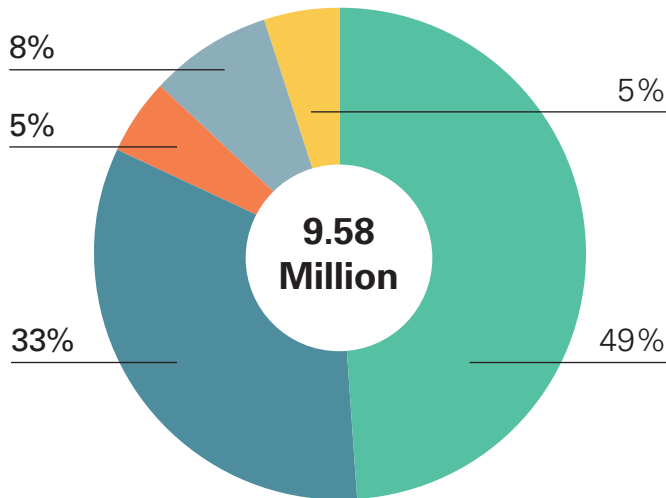
Raised more than \$1 million through our annual spring and fall luncheons, with record-breaking attendance at our Fall Luncheon featuring Rob Lowe



"The Wellderly program has greatly impacted our family in a positive way. When we first called, we literally saw death in my mother. Today, my mother is in a much better place and has gained her confidence in life back. Thanks for everything that you have done."

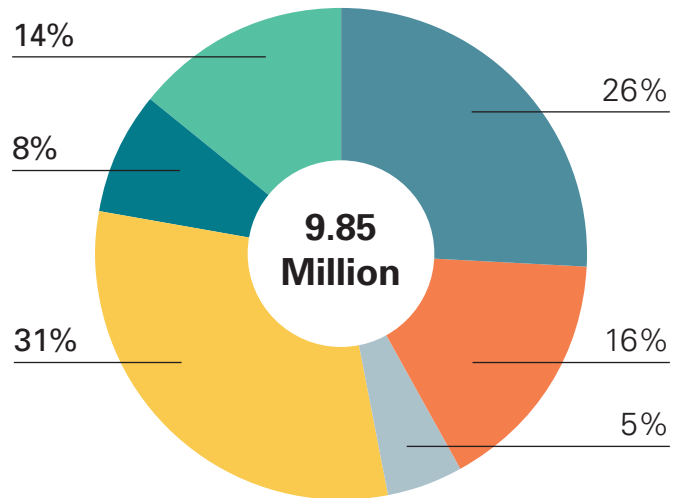
FINANCIAL SUMMARY

**Revenue
Fiscal Year 2018**



Government/Contracts	\$4,710,700
Contributions and Events	\$3,169,613
In-Kind	\$443,314
Fees	\$809,579
United Way	\$454,657

**Expenses by program
Fiscal Year 2018**



Community Behavioral Health	\$2,554,761
Prevention	\$1,559,396
Education	\$512,184
Center for Recovering Families	\$3,025,243
Development	\$769,695
Management and General	\$1,436,259

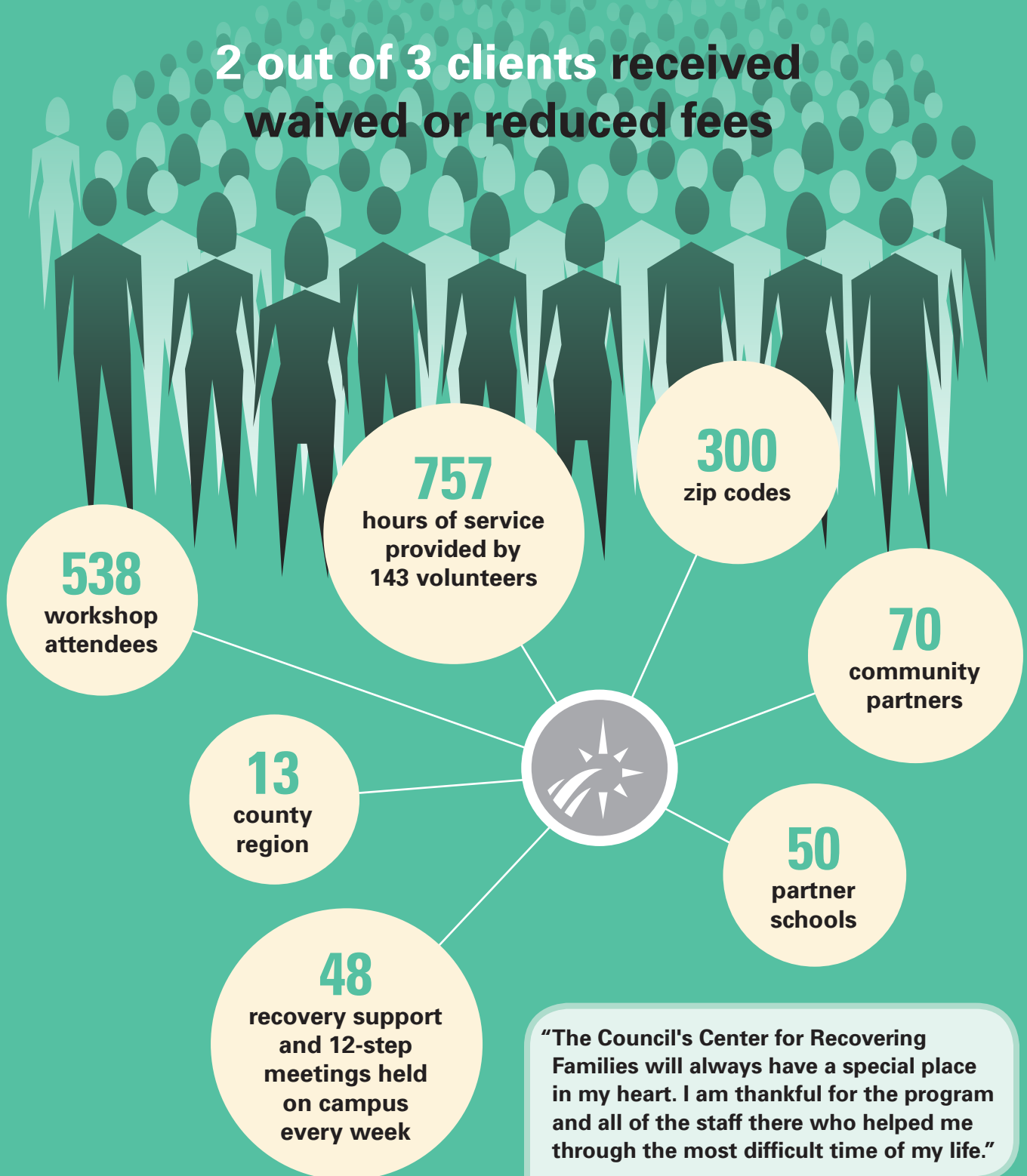


"We found ourselves at The Council on Recovery after my daughter was hospitalized for alcohol poisoning. I pray that others will not need the services of The Council, but if you do, I can't imagine there could be a better place to get help."

WHAT IS OUR REACH?

74,862 individuals served

**2 out of 3 clients received
waived or reduced fees**



WHAT'S NEXT?

The conversation about addiction has certainly made great strides in the last seventy years, but much work remains to be done. Shame and stigma continue to trap individuals and families in addiction, and resources for reliable education, compassionate treatment, and enduring recovery support remain scarce.

As The Council looks to the year ahead, it is our goal to seek accreditation through the Commission on the Accreditation of Rehabilitation Facilities. We continue to strengthen and expand our integration

with other medical and behavioral health providers to ensure there is no wrong door to access treatment services. And finally, we look ahead with excitement to the impact of two landmark reports both of which signal that The Council will be increasingly called upon as a partner to deliver our specialized expertise in substance abuse services.

The Council stands on the eve of potentially significant changes in the healthcare landscape. We remain grateful for your support, as we continue our efforts to end the epidemic of addiction.



WE NEED YOUR HELP!

Every donation, large or small, helps us achieve our mission to keep our community healthy, productive, and safe by providing services and information to all who may be adversely affected by alcohol, drugs, and related issues. You can help. Here's how.

Make a monthly gift

Give a one-time cash donation

Enroll in your company's matching gift program

Include us as a beneficiary in your estate

Give appreciated assets such as securities or stock

Purchase a table or ticket to our semi-annual luncheon

"As intensive outpatient treatment ended, and I transitioned to aftercare, I no longer worried about finances. It seemed that if I showed up and worked hard at recovery, did my part and paid what I said I would, I got better. Just knowing I didn't have to fear losing my care helped me to focus on rebuilding my life."



Thanks to you

For over 70 years, The Council on Recovery has inspired and guided Houstonians with the tools to achieve lasting recovery. Your gracious support makes The Council's work possible, one client, one family, one day at a time.

Thank you!



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ON RECOVERY

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