As I reflect on the past year, I am overwhelmed with gratitude and awe. Our fiscal year began just one week after Hurricane Harvey made landfall, yet in spite of the difficulty our city endured, The Council on Recovery was fortunate to thrive and grow.

Indeed, last fiscal year was one of breakthrough opportunities for The Council. The landscape of healthcare is changing radically, allowing us to build new community partnerships that ensure our services are available in hospitals, community clinics, schools, jails, and social service organizations – truly, wherever people need us most. Through these efforts, The Council has not only expanded our life-saving care, we are helping to transform the way our community thinks about addiction.

With your support, we have positioned The Council to be a force for change in the delivery of substance abuse prevention and treatment. And as we look ahead, we know there is more work to be done. It is with that in mind that The Council forges ahead, with gratitude in our hearts for your unwavering support and with clarity of purpose for the road ahead.

“I will be forever grateful for your facility, its counselors, and your generous financial assistance. I am not only alive today because of your team, but feel more grounded and capable of facing life than I have ever felt.”

William M. “Mel” Taylor, MSW
President & Chief Executive Officer
### DID YOU KNOW?

<table>
<thead>
<tr>
<th>1 in 7 over the age of 12 struggle with addiction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Substance abuse costs our country $740 billion annually in crime, lost productivity and health care</td>
</tr>
<tr>
<td>1 in 3 families are affected by addiction</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Suicide</th>
<th>Homicide</th>
<th>AIDS</th>
<th>Drug-related</th>
<th>Alcohol-related</th>
</tr>
</thead>
<tbody>
<tr>
<td>24,703</td>
<td>44,193</td>
<td>50,628</td>
<td>72,000</td>
<td>88,000</td>
</tr>
</tbody>
</table>

Addiction kills more people annually than other well recognized public health crises at their peak.

More than 90% of people with a substance abuse problem began smoking, drinking or using other drugs before age 18.

Children in substance exposed homes are 4 times more likely to develop an addiction themselves.

Only 10% of individuals with a substance use disorder receive the care they need.

### HOW WE HELP

- **EDUCATION**
  - Non-Use/Prevention
  - Experimental Use

- **ASSESSMENT**
  - Occasional Use
  - Harmful Use

- **TREATMENT**
  - Recovery

- **RECOVERY SUPPORT**

Illness and death
Every day at The Council on Recovery, individuals and families at all stages of experimentation, use, abuse, and addiction receive education, treatment, and recovery support. In any given year, The Council serves more than 60,000 individuals from all walks of life from across our community.

The Council provides compassionate, objective support when families don’t know where to turn for the help they need, and walks alongside families as they journey to recovery. And thanks to your generous support, The Council does what many traditional rehab centers cannot – we turn no one away.

**HIGHLIGHTS**

- **Received a $450,000 multi-year award** to expand community partnerships with primary care providers and further integrate our operations with medical providers.

- **Expanded our Choices program** to 17 schools.

- **Achieved a 74% completion rate** in our intensive and supportive outpatient program – more than twice the national average.

- **Convened leaders** from across the community for a first-of-its kind Opioid Summit.

- **Served more than 1,000 individuals affected by Hurricane Harvey** through a special gift from the Hurricane Harvey Relief Fund.

- **Raised more than $1 million through our annual spring and fall luncheons**, with record-breaking attendance at our Fall Luncheon featuring Rob Lowe.

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“The Wellderly program has greatly impacted our family in a positive way. When we first called, we literally saw death in my mother. Today, my mother is in a much better place and has gained her confidence in life back. Thanks for everything that you have done.”
“We found ourselves at The Council on Recovery after my daughter was hospitalized for alcohol poisoning. I pray that others will not need the services of The Council, but if you do, I can’t imagine there could be a better place to get help.”
WHAT IS OUR REACH?

74,862 individuals served
2 out of 3 clients received waived or reduced fees

538 workshop attendees
13 county region
48 recovery support and 12-step meetings held on campus every week

757 hours of service provided by 143 volunteers
300 zip codes
70 community partners
50 partner schools

“The Council's Center for Recovering Families will always have a special place in my heart. I am thankful for the program and all of the staff there who helped me through the most difficult time of my life.”
WHAT’S NEXT?

The conversation about addiction has certainly made great strides in the last seventy years, but much work remains to be done. Shame and stigma continue to trap individuals and families in addiction, and resources for reliable education, compassionate treatment, and enduring recovery support remain scarce.

As The Council looks to the year ahead, it is our goal to seek accreditation through the Commission on the Accreditation of Rehabilitation Facilities. We continue to strengthen and expand our integration with other medical and behavioral health providers to ensure there is no wrong door to access treatment services. And finally, we look ahead with excitement to the impact of two landmark reports both of which signal that The Council will be increasingly called upon as a partner to deliver our specialized expertise in substance abuse services.

The Council stands on the eve of potentially significant changes in the healthcare landscape. We remain grateful for your support, as we continue our efforts to end the epidemic of addiction.

WE NEED YOUR HELP!

Every donation, large or small, helps us achieve our mission to keep our community healthy, productive, and safe by providing services and information to all who may be adversely affected by alcohol, drugs, and related issues. You can help. Here’s how.

- Make a monthly gift
- Give a one-time cash donation
- Enroll in your company’s matching gift program
- Include us as a beneficiary in your estate
- Give appreciated assets such as securities or stock
- Purchase a table or ticket to our semi-annual luncheon

“As intensive outpatient treatment ended, and I transitioned to aftercare, I no longer worried about finances. It seemed that if I showed up and worked hard at recovery, did my part and paid what I said I would, I got better. Just knowing I didn’t have to fear losing my care helped me to focus on rebuilding my life.”
Thanks to you

For over 70 years, The Council on Recovery has inspired and guided Houstonians with the tools to achieve lasting recovery. Your gracious support makes The Council’s work possible, one client, one family, one day at a time.

Thank you!