



PRESS RELEASE

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FOR IMMEDIATE RELEASE

Kristen Johnston Keynote Speaker at The Council on Recovery's 35th Annual Spring Luncheon

Emmy Award-winning Actor & Author to Help Raise Awareness and Funds for Preventing and Treating Adolescent Addiction

HOUSTON, Texas (March 8, 2018) – The Council on Recovery announces that Kristen Johnston will be the keynote speaker at its Spring Luncheon, Thursday, April, 26, 2018, at the Hilton Americas—Houston Hotel. This is the 35th Annual Luncheon in the Waggoners Foundation Speaker Series and is presented by the Wayne Duddleston Foundation. Proceeds from the luncheon will fund The Council's programs that help individuals and families affected by alcoholism, drug abuse, other addictions, and co-occurring mental health disorders.

Kristen Johnston is known for her many roles on television, film and the stage. She won two Emmy Awards for her starring role on the hit NBC series *3rd Rock From the Sun*, and also starred on the popular TV Land sitcom *The Exes*. Her numerous film credits include *Austin Powers: The Spy Who Shagged Me*, *Music and Lyrics*, *Bride Wars*, and *The Flintstones in Viva Rock Vegas*. A longtime member of The Atlantic Theater Company, her esteemed theater career includes performances in almost 50 plays in New York City, London, Los Angeles, and Williamstown. For 12 years, Kristen taught acting at NYU's Atlantic Acting School. Kristen's *New York Times* Bestselling memoir, *Guts: The Endless Follies and Tiny Triumphs of a Giant Disaster*, was released in 2013 to great critical acclaim.

Kristen is also a respected addiction and recovery advocate who is especially passionate about youth, sharing, "We can no longer afford to bury our heads in the sand, hoping if we ignore it...addiction will just go away."

The Council continues to lead the conversation regarding teens and addiction, providing meaningful education, peer support, and other resources to equip teens and their parents to meet addiction head-on. The Council is now accepting corporate and organizational sponsorships and donations for the Spring Luncheon, as well as sales of individual tables at the event. For more information or to purchase a table, contact us at specialevents@councilonrecovery.org or call 281.200.9336.

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About The Council on Recovery: Founded in 1946, The Council on Recovery is Houston's oldest and largest non-profit organization providing the full spectrum of prevention, education, intervention, treatment, and recovery services for individuals and families who are affected by alcoholism, drug abuse, other addictions, and co-occurring mental health disorders. Directly touching over 60,000 lives each year through programs for children and youth, in-school and clinical counseling for teens, outpatient substance abuse treatment for adults, services for the elderly, and more, our mission is to provide the highest quality of care at affordable rates, while turning no one away. Affiliated with the United Way of Greater Houston, The Council receives funding from private contributions and grants, special events, and program fees. Visit us at www.councilonrecovery.org.