

Are you or a loved one struggling with alcoholism, drug abuse, addiction, or mental health issues? Don't know where to go or what to do?

**Start at
The Council on Recovery.**

Here's how we'll help:

- ▶ Confidential assessment to identify the problem and treatment options
- ▶ Referral to treatment sources, such as inpatient, intensive outpatient, group or individual therapy, and recovery programs
- ▶ Expert and compassionate support regardless of ability to pay

The Council helps thousands of individuals and their families every year. Contact us today and let us help you!

Call **713-942-4100** or visit
www.councilonrecovery.org

The Council's Funding

As a non-profit organization, The Council depends on the generous financial support of our community. Organizations, companies, and individuals support our efforts through foundation gifts, private donations, fundraising events, public grants, and United Way funding. Gratefully, we are able to provide vital programs and services to everyone who needs them, turning no one away.



Learn more.

www.councilonrecovery.org



**You know someone
who needs us.**

We can help.



**THE COUNCIL
ON RECOVERY**

Visit us today:
303 Jackson Hill St.
Houston, TX 77007

Main number: 713-942-4100



Start here.



The Council on Recovery

For you. For your family. For our community.

The Council on Recovery is Houston's oldest and largest source of help for individuals and families whose lives are affected by alcoholism, drug abuse, addiction, and co-occurring mental health disorders.



As a community-based, non-profit organization, The Council is the leading provider of prevention, education, treatment, and recovery services. Our programs cover all ages and stages of life, with an emphasis on families and a commitment to turning no one away.

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The Center for Recovering Families

Our renowned outpatient addiction and mental health treatment facility offers a full spectrum of services for adults, adolescents, and children. Major insurance plans accepted.

Adult Clinical Services

- ▶ Consultations, Assessments & Referrals
- ▶ *Healing Choices* Intensive Outpatient Treatment (IOP)
- ▶ Relapse & Renewal Clinic
- ▶ Individual, Family, & Group Therapy

Family Recovery Services

- ▶ Interventions
- ▶ Individual, Couples, & Family Therapy
- ▶ Multi-family Therapy Groups

Adolescent Services & Parent Education

- ▶ Consultations, Assessments & Referrals
- ▶ Mindful Choices™ High Risk Intervention Class
- ▶ Parent Education Group
- ▶ Adolescent, Parent, & Family Therapy
- ▶ Parent Coaching

Children Services

- ▶ Consultations, Assessments & Referrals
- ▶ Kids Camp™ at The Council
- ▶ Child & Family Therapy
- ▶ Play Therapy
- ▶ Parent Coaching

Community Behavioral Health Programs

Houston's leading source of substance abuse prevention, education, counseling, and recovery services.

Adult Services

- ▶ Outpatient Assessment & Counseling
- ▶ Intensive Case Management
- ▶ Recovery Support Services
- ▶ Specialized Services Pregnant & Post-Partum Women
- ▶ Outreach Program for Older Adults

Children & Adolescent Services

- ▶ Counseling & Case Management
- ▶ Community Education
- ▶ School-Based Programs
- ▶ Choices™ Changing the culture of schools through prevention & counseling