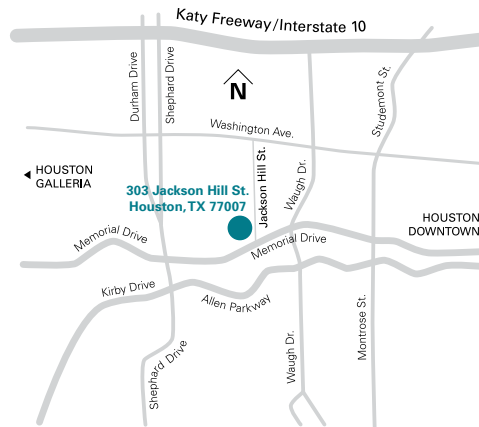


Whether you're new to recovery or have longer-term sobriety but find yourself struggling against relapse, the Relapse & Renewal Clinic provides an effective, affordable, and proven solution. Developed and staffed by the nationally-renowned Center for Recovering Families, the Relapse & Renewal Clinic is open to all adults, regardless of length of sobriety or number of relapses. This innovative program helps restore your commitment to sobriety and renew your confidence in recovery.



Relapse & Renewal Clinic
281-200-9290



THE COUNCIL
ON RECOVERY

Visit us today:
303 Jackson Hill St.
Houston, TX 77007
Main number: 713-942-4100
Learn more:
www.councilonrecovery.org



**Relapse &
Renewal Clinic™**

Relapse & Renewal Clinic
Located at
The Council on Recovery

Learn more.
Call 281-200-9290 or visit
www.councilonrecovery.org



Relapse.

It's an all too common occurrence in the first year of sobriety. Even if you've completed in-patient treatment and attended a Twelve Step program, you may still face a daily struggle with alcohol or drugs.

There's been little help with that struggle.

Until now.

Relapse & Renewal Clinic

**Call 281-200-9290 or visit
www.councilonrecovery.org**



Relapse & Renewal Clinic

Preventing Relapse. Strengthening Sobriety.

WHAT IS IT?

The Council on Recovery's Relapse & Renewal Clinic is a groundbreaking program designed to provide you with resources, tools, and personalized support to help renew your confidence in sobriety. It works by anticipating the issues that precede a slip and providing immediate solutions to prevent relapse.

IS THE RELAPSE & RENEWAL CLINIC RIGHT FOR YOU?

- ▶ Are you sober and attending meetings, but still struggling and want some additional help?
- ▶ Are you afraid of slipping and need extra support?
- ▶ Did you recently relapse and want to get back on track?
- ▶ Are difficult issues or circumstances jeopardizing your sobriety?

THIS FOUR-WEEK OUTPATIENT PROGRAM GIVES YOU:

- ▶ Support, education, group therapy, and personalized treatment to prevent relapse and strengthen your sobriety.
- ▶ Time and a safe place to practice sobriety skills and build strong connections with the local recovery community.
- ▶ Access to a personal Recovery Support Consultant for direct one-on-one assistance. Consultants are trained in relapse prevention and sobriety support and are committed members of Houston's recovery community. Your Consultant will help you navigate recovery resources and form lasting connections with Twelve Step meetings. Most importantly, your Consultant will be a reliable, understanding person to contact when you're at risk for relapse.

If you answered "yes" to any of the above, the Relapse & Renewal Clinic can offer you renewed hope!

