

PRESS RELEASE

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FOR IMMEDIATE RELEASE

Rob Lowe to Speak at The Council on Recovery's Fall Luncheon

Actor, Author, & Producer to Help Council Raise Funds to Treat Alcoholism & Addiction

HOUSTON, **Texas** (**July 18**, **2017**) – The Council on Recovery announces that Rob Lowe will be the keynote speaker at its Fall Luncheon, Friday, October 20, 2017, at the Hilton Americas—Houston Hotel. This is the 35th Annual Luncheon in the Waggoners Foundation Speaker Series and is presented by the Wayne Duddlesten Foundation. Proceeds from the Luncheon will fund The Council's programs that help individuals and families affected by alcoholism, drug abuse, other addictions, and co-occurring mental health disorders.

Rob Lowe began his national acting career in the 1979 television series, *A New Kind of Family*. In his rise to fame that followed, Lowe has become one of Hollywood's most highly-acclaimed triple threats – as an actor, author, and producer. Rob's brilliant career includes starring roles in movies such as *The Outsiders, Oxford Blues, About Last Night, Bad Influence, St. Elmo's Fire, Wayne's World,* and *Tommy Boy*. His Emmynominated work in TV includes the hit television series *The West Wing* and *Parks and Recreation*, and, television films *Killing Kennedy* and *Behind the Candelabra*. Rob was nominated for a Golden Globe for FOX's *The Grinder* and he's currently starring in CBS' *Code Black*.

Rob released his memoir, *Stories I Only Tell My Friends* in 2011. The book was an instant hit, spending consecutive weeks in the top four of The New York Times best-sellers. His second book, *Love Life* was published in 2014 and also landed a spot on the NY Times Best-Seller list.

With over 25 years of sobriety, Rob attributes his wife as the inspiration to get sober and describes his journey through recovery as the path that brought him everything he values in life.

On his 25th sobriety anniversary he tweeted. "To those struggling with addiction, there is true, real hope, 25 years ago today, I found recovery; and a life of promise. #Grateful."

The Council is now accepting corporate and organizational sponsorships and donations for the Fall Luncheon, as well as sales of individual tables at the event. For more information or to purchase a table, contact us at specialevents@councilonrecovery.org or call 281.200.9336.

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About The Council on Recovery: Founded in 1946, The Council on Recovery is Houston's oldest and largest non-profit organization providing the full spectrum of prevention, education, intervention, treatment, and recovery services for individuals and families who are affected by alcoholism, drug abuse, other addictions, and co-occurring mental health disorders. Directly touching over 70,000 lives each year through programs for children and youth, in-school and clinical counseling for teens, outpatient substance abuse treatment for adults, services for the elderly, and more, our mission is to provide the highest quality of care at affordable rates, while turning no one away. Affiliated with the United Way of Greater Houston, The Council receives funding from private contributions and grants, special events, and program fees. Visit us at www.councilonrecovery.org.