

The Council on Recovery allows clients to bring a limited amount of personal items.

Personal items should fit in one luggage bag.

Listed below are a suggested amount and the types of items that are allowed.

Clothing		Misc.		Toiletries	
2 pr	Shoes	2	Rings	2	Deodorant
8	Shirts	2	Necklaces	2	Toothpaste
5	Pants	2 pr	Earrings	2	Toothbrush
5	Shorts	2	Watches	2	Shampoo
8 pr	Undergarments	2	Bracelets	2	Conditioner
8 pr	Socks	1	Alarm Clock	2	Gel
3	Pajamas	2	Luggage	2	Hairbrush
2	Bathing Suits	Unlimited	Stamps	2	Mouthwash (alcohol-free)
1	Jacket	Unlimited	Stationary	2	Shaving Cream
1	Coat	5	Books	1 pk	Disposable Razors
2	Hats	1	Wallet	1	Lotion
1	Robe			1	Nail Clipper
2	Belts			1	Hair Dryer
2	Recovery Literature			1	Curling Iron
2	Spiritual Literature				
1	Self-Help Literature				

- Over the counter medication/items must be in sealed container.
- Please DO NOT bring:
 - Pillows, blankets, sheets or towels.
 - Any item that has alcohol within the first three ingredients. This includes shampoo, conditioner, deodorant, mouthwash, hairspray, etc.
 - Laptops, cell phones, or any other internet-capable device.
- Prohibited items and supplies will be sent home with a family member or friend the day of admission.